

Professional Disclosure Statement  
Ladan Radafshar, MA, Professional Counselor Associate  
Kristen Genzano Therapy, LLC  
8885 SW Canyon Road, Suite 215, Portland, OR 97225  
971.213.2091  
ladan@kristengenzanotherapy.com  
www.kristengenzanotherapy.com

**Philosophy and Approach:** I believe everyone has the capacity for growth and transformation, however, it takes courage to acknowledge our vulnerabilities. I offer a space to explore fears and anxieties and reconnect with a sense of agency and trust within yourself. We are our biggest advocates, just as much as we are our harshest critics. By examining unproductive thought patterns, we can learn to foster empathy and understanding within ourselves. Through counseling, we can refocus on what's important and reconnect with what lights us up.

**Formal Education and Training:** I have received my master's of art in Counseling Psychology from Northwestern University. Major coursework includes: Adult Psychopathology, Group, and Organizational Dynamics, Theories of Counseling, Research Methods, Human Growth and Development, Theory and Technique of Substance Abuse, Assessment in Counseling, Sexuality Counseling, Psychodynamic Counseling, Cultural Diversity in Counseling, Career Development and Foundations of Marital, Family and Couples Counseling. I also received additional training in mindfulness and self-compassion as well as completed elective coursework in cognitive behavioral therapy and modern psychodynamic therapy.

As a Professional Counselor Associate with the Oregon Board of Licensed Professional Counselors and Therapists I abide by the American Counseling Association code of ethics. I am also under the supervision of Kristen Genzano, LPC, and state license of Oregon C4447.

**Fees:** Client 75-min intake sessions \$250; Individual 50-minute session fee \$165; Couples session 50-minute session fee \$165. In addition, I offer a up to 30% sliding scale fee for qualifying individuals, couples, and families.

As a client of a Professional Counselor Associate you have the following rights:

- To expect that a professional counselor associate under the supervision of a licensee that has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a supervisor's license;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);

- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions:
  - 1) Reporting suspected child abuse;
  - 2) Reporting imminent danger to you or others;
  - 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies;
  - 4) Providing information concerning licensee case consultation or supervision,
  - 5) Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at: 3218 Pringle Rd SE, #120, Salem, OR 97302-6312 Tele: 503.378.5499 Email:

lpct.board@state.or.us Website: [www.oregon.gov/OBLPCT](http://www.oregon.gov/OBLPCT)

For additional information about this counselor, consult the Board's website.